

Happy to Help

HELPING MAINTAIN INDEPENDENCE

A Home Help charity for people aged 65+ and people with disabilities in Gateshead.







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Community Home Help Support - £18.50 per hour

Happy to Help Gateshead is an expert home help team, and we've been supporting people in their own homes for 20 years.

We provide weekly cleaning, bill paying, shopping and prescription collection services for older and disabled residents across the borough. We believe that every individual is different therefore we tailor our care packages to suit each household's needs.

We're a Charity too (charity number 1201215). This means that every penny we receive is used to support our community and our most vulnerable residents.







Some of the Tasks We Can Take Care of...

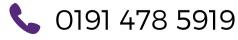
- * Vacuuming, sweeping
- Polishing, dusting
- Cleaning floors
- Cleaning windows inside only
- * Cleaning all rooms
- * Washing paint work
- Cleaning domestic appliances
- Cleaning cupboards inside& out
- Making beds & changing linen
- Ironing
- ** Laundry service depending on facilities

- * Shopping
- Bill Paying
- * Prescription collection













1-2-1 Assisted Outings - £19.50 per hour

If you or your loved one want to go out and about but lack confidence to do so alone, we have trained, insured workers to offer an arm to lean on, some company and peace of mind.

The service is 1-2-1, flexible, and can be used for many different outings such as to go to an appointment, a trip to the shops, to take part in a leisure activity or attend a lunch club for instance.

It's a comforting way of helping our customers who want to retain their independence but need or want someone there to share the outing(s) with.





I don't want to be a burden on my daughter. Happy to Help has eased pressure so that she can have her own life back while it helps me to gain control of what happens.

Home Help Customer







Some of the Ways our Clients Use our 1-2-1 Assistance ...

- Shopping
- Cinema trips
- Theatre trips
- Visits to museums
- Walks in nearby parks
- Restaurants
- Garden centres
- Escorting to see family/friends
- Church Services
- Hair dressers/barbers
- Medical appointments

- * Help with packing if moving home
- ***** Banking
- * Optician/dental appointments
- * Befriending visits

With our 1-2-1 support, the possibilities are endless! Bookings can be made for one to four hours, Monday to Friday, for anywhere you want or need to go.









About Us

Happy to Help Gateshead has been providing home help services since 2000. We pride ourselves on providing flexible services, tailored to meet the needs of hundreds of local people so that they can live in comfort and safety.

We never ask our clients to sign a contract or agreement leaving you or your loved one in control at all times over when and how often you need us.

We're able to provide high quality care at a lower hourly rate compared to other agencies due to being a charity. This means that we reinvest all of our income back into our services to benefit the local community and can apply for charitable funds to help the most vulnerable residents.

As a charity, we have no shareholders or paid directors either, and we prefer to pass these savings onto our clients.

We have lots of expert advice about home help support over on our <u>blog</u>.







Get in Touch

If you have any questions or would like to arrange a home visit from our home help coordinator, please get in touch with us...

- **** 0191 478 5919
- <u>Twitter</u>
- # HTH Website
- liz@teamwork-dt.co.uk
- **Blog**
- ? Frequently Asked Questions



